

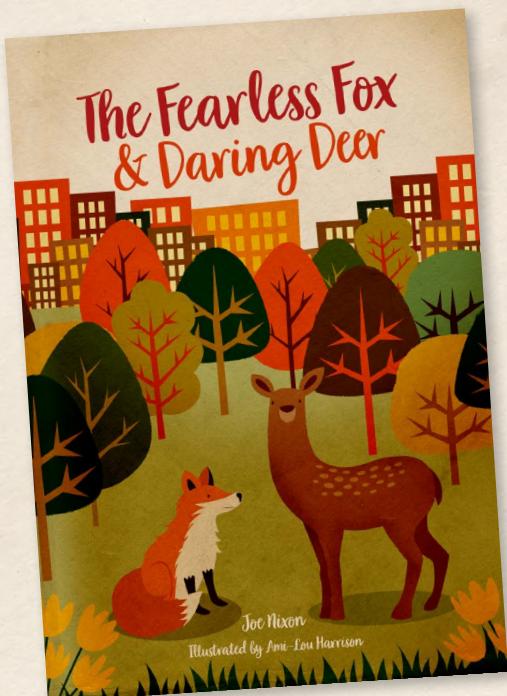
The Fearless Fox & Daring Deer

Educational Activity Pack



The Fearless Fox & Daring Deer

Educational Activity Pack



In these challenging times the creativity of play and the imagination can be a great way to bring us all together and make sense of things - for people of all ages but of course especially for children.

The Fearless Fox and the Daring Deer is a tale for these unusual times but also times going forward. It offers an alternative way to understand a difficult situation. Make a mask and look at the same thing through the eyes of an animal. Make and share these activities and discover that though things may be different we can still find pleasure and experiences to connect us with others. Think about nature, learn, grow and connect with something larger than ourselves.

The arts have always presented a way to reflect the times but research increasingly shows how they can also build wellbeing and resilience - laying the foundations for good mental health.

We're delighted to be associated with this book and its accompanying resources - and thoroughly recommend it as a response. We're hoping to keep adding more content to this PDF, so please check back soon.

Lydia Towsey

Arts in Mental Health Co-ordinator,
Leicestershire Partnership NHS Trust



The Fearless Fox & Daring Deer

7. Rinse and dry your hands

1. Wet your hands and use some soap

2. Rub the palms of your hands together

6. Don't forget your finger nails!

3. Clean inbetween your fingers

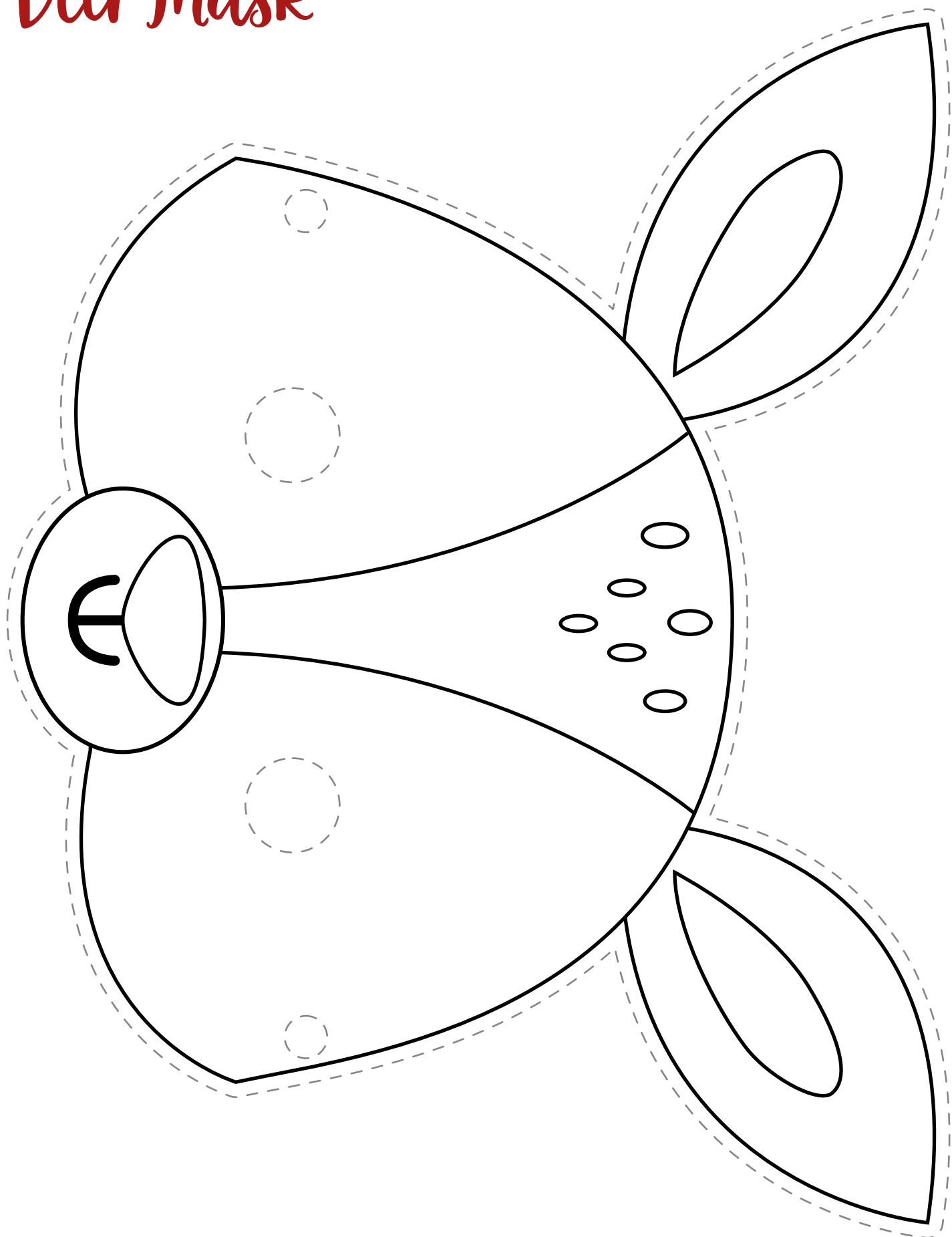
5. Clean the back of your hands

4. Clean the tips of your fingers and thumbs

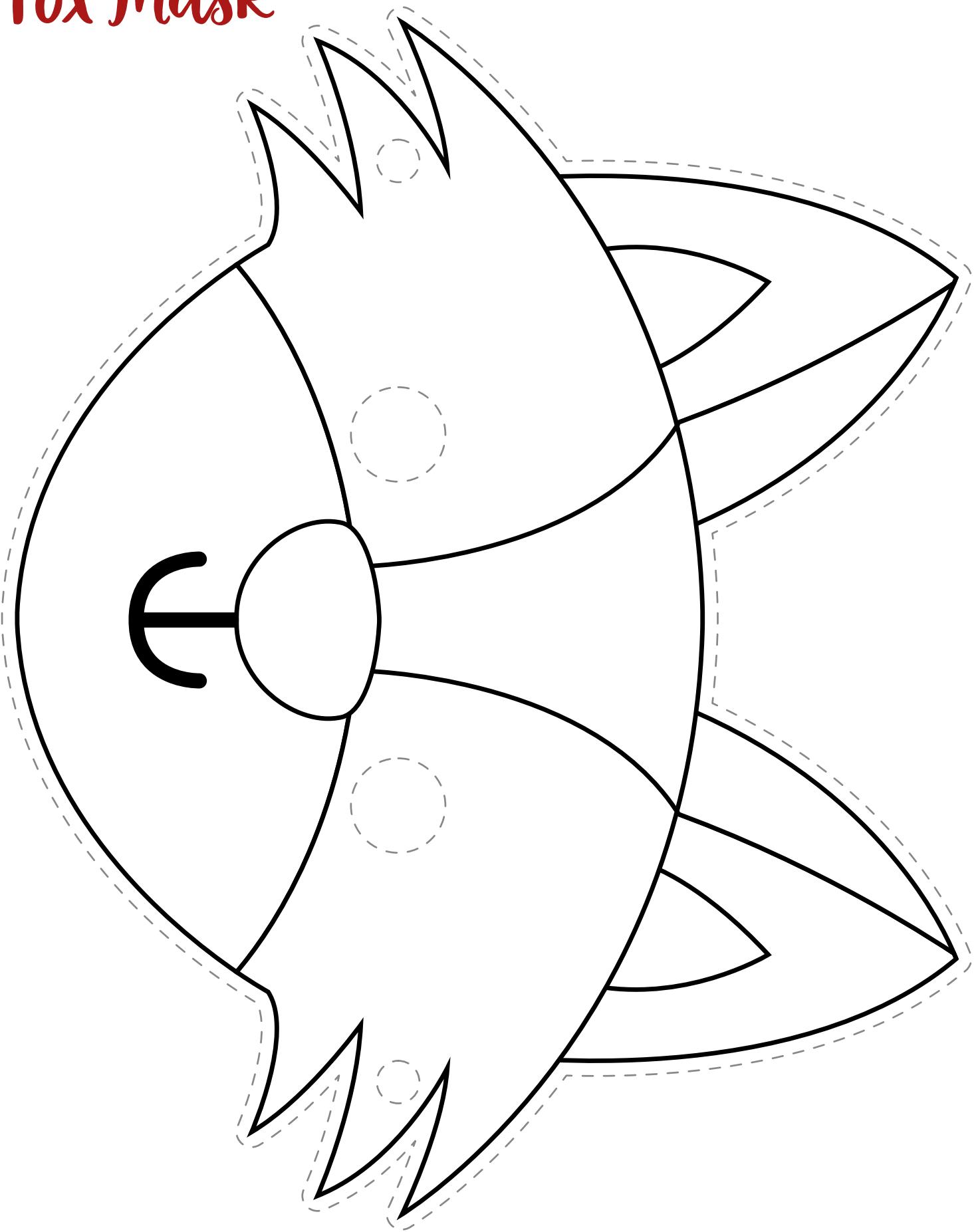
Washing Hands



Deer Mask



Fox Mask



The Fearless Fox & Daring Deer

FearlessFoxCraft

Make your own Fearless Fox -
Starring Mia and Heartfelt Ideas Crafts.

You'll need...Paper plate, orange foam or coloured paper, a pom-pom, googley eyes, PVA glue and safety scissors.



STEP 1

Cut foam or coloured paper into a semi circle (you can use the paper plate as a guide).



STEP 2

Stick onto top half of plate.
You can use tape to secure.



STEP 3

Fold plate inwards from either side to make a point at the bottom for the fox's nose.



STEP 4

Stick googley eyes into place.



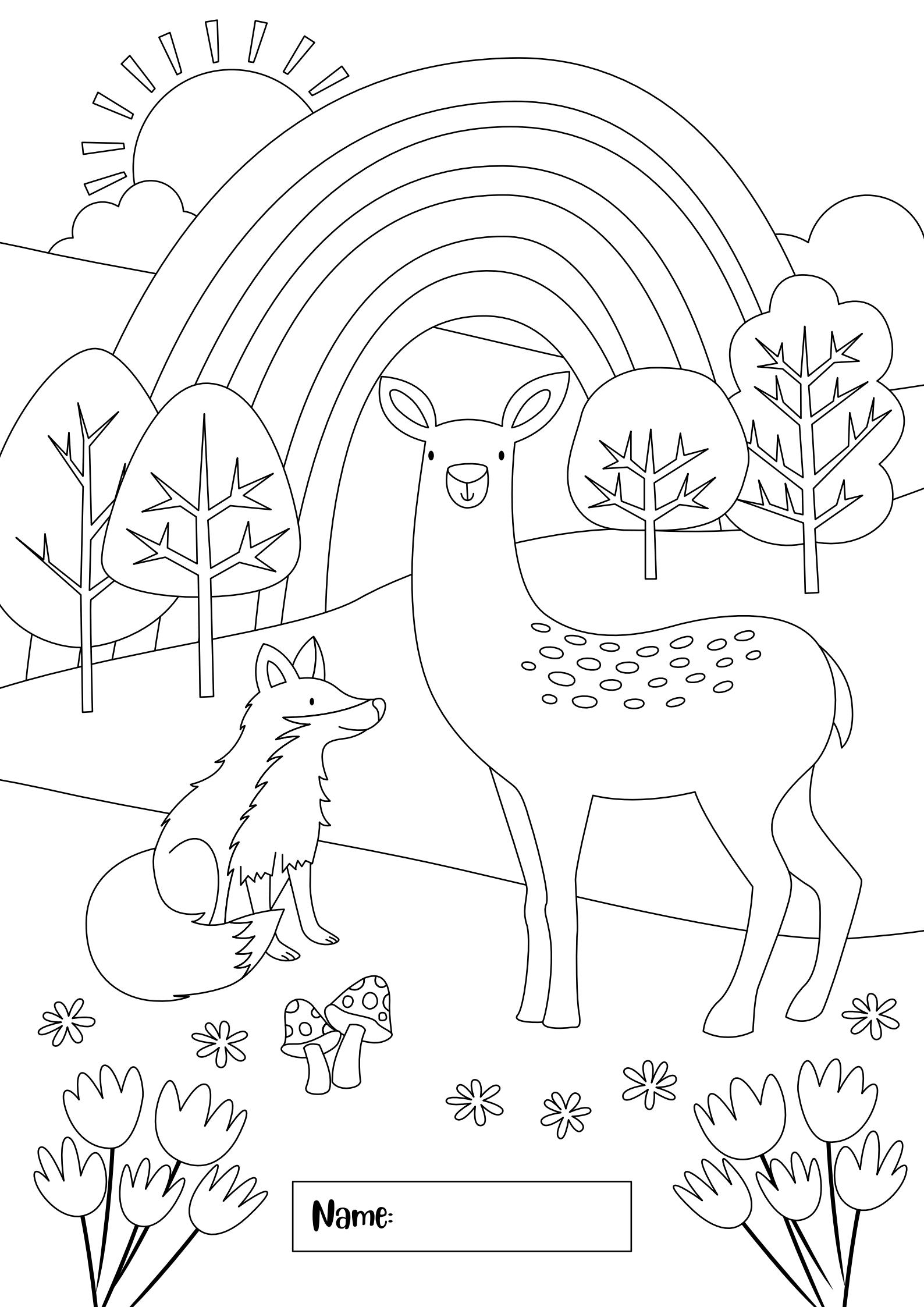
STEP 5

Cut two triangles for ears and stick on.



STEP 6

Stick pom pom on for his nose.
Have fun with your Fearless Fox!



Name: _____

The Fearless Fox & Daring Deer

Five Fun Forest Facts

Featuring fourteen animals from the Fearless Fox & Daring Deer book, here are five fun forest facts to teach your children with. Find the animals in the book, make the animal sounds and find out even more about these amazing woodland creatures.



Fox

1. A female fox is called a vixen
2. A male fox is called a dog
3. A baby fox is called a cub
4. A fox's home is called a den
5. A fox can run 30 miles per hour



Deer

1. A male deer is usually called a buck
2. A large male deer is often called stag
3. A female deer is usually called a doe
4. They can jump high and swim well
5. A group of deer is known as a herd

Five Fun Forest Facts



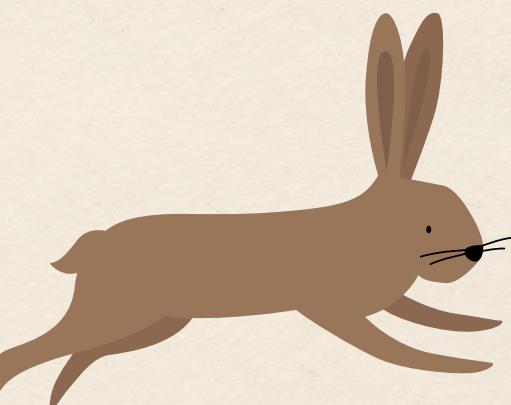
Badger

1. Badgers dig burrows with long tunnels
2. Badgers are usually nocturnal
3. Their long, sharp claws are made for digging
4. Badgers are shy, but they are also brave
5. Some badgers live in colonies, or groups



Beaver

1. Beavers are rodents
2. Beavers are much larger than rats and mice
3. They can hold their breath for up to 15 minutes
4. Beavers build dams
5. Beavers are herbivores



Hare

1. Hares are usually larger than rabbits and have longer ears
2. Hares usually live by themselves or in pairs
3. Hares can run at speeds up to 45 mph
4. Hares are herbivores
5. A group of hares is known as a drove

Five Fun Forest Facts



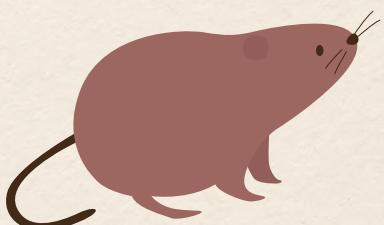
Weasel

1. Weasels are mammals
2. Weasels make their homes in tree stumps or holes and create nests of leaves and grass
3. They are strong and can carry animals as much as ten times their own size
4. Weasels are small, with long, slim bodies
5. They look cute and furry, but are bloodthirsty



Stoat

1. A Stoat is a small mammal similar to a weasel
2. Stoats hunt prey like mice, voles and birds
3. They can live in woods, marshes and mountains
4. Stoats have long, thin bodies
5. Their faces are pointed with small eyes and ears



Vole

1. Voles are small rodents
2. They typically live about 3-6 months
3. They have blunt noses and small furry ears
4. Voles eat seeds, bark, grass and insects
5. Voles prefer to live outside in fields

Five Fun Forest Facts



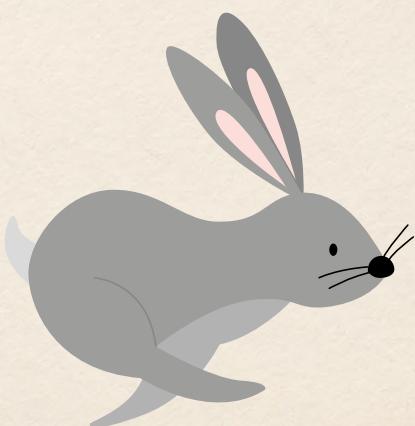
Hedgehog

1. 'Hedge' in the name comes from where they build their nests in hedges, bushes and shrubs
2. 'Hog' comes from the snorting sound
3. Hedgehogs are nocturnal - they sleep in the day and only come out at night
4. Hedgehogs can hibernate
5. Hedgehogs have over 5000 spikes



Squirrel

1. They have four front teeth which never stop growing
2. There are three types - ground squirrels, tree squirrels and flying squirrels
3. Squirrels can smell ripe nuts
4. Squirrel nests are called dreys
5. There used to be more red squirrels than grey ones



Rabbit

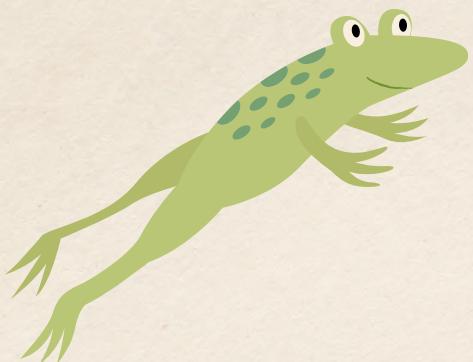
1. A baby rabbit is called a kit
2. A female is called a doe
3. A male is called a buck
4. Rabbits' eyes are on the sides of their head, so they can see almost all the way around them
5. A rabbit's teeth never stop growing!

Five Fun Forest Facts



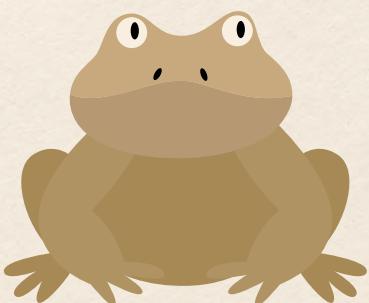
Goats

1. A female goat is called a doe or nanny
2. A male goat is called a buck or billy
3. A baby goat is called a kid
4. Goats are very social creatures and become lonely if left alone for long periods of time
5. Goats are known as great climbers



Frogs

1. Frogs need to live near water
2. Frogs take long high jumps
3. Frogs have smooth, moist skin that makes them look slimy
4. Frogs have a narrow body
5. Frogs have many predators



Toads

1. Toads don't need to live near water to survive
2. Toads take small hops rather than jump
3. Toads have rough, dry, bumpy skin
4. Toads have a wide body
5. Toads don't have many predators

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Have fun!